



March 13, 2011

11:00 a.m.

Pastor June Barrow

## “Humble Love”

### ***Ephesians 4:1-6***

*<sup>1</sup> As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. <sup>2</sup> Be completely humble and gentle; be patient, bearing with one another in love. <sup>3</sup> Make every effort to keep the unity of the Spirit through the bond of peace. <sup>4</sup> There is one body and one Spirit, just as you were called to one hope when you were called; <sup>5</sup> one Lord, one faith, one baptism; <sup>6</sup> one God and Father of all, who is over all and through all and in all.*

### “Thought of the Week” from *Looking Unto Jesus*

(a devotional written by Theodore Monod,  
a 19th century French pastor, based on *Hebrews 12:2*)

LOOKING UNTO JESUS Glorified, to find Him our Heavenly Advocate completing by His intercession the work inspired by His loving-kindness for our salvation; (1 Jn. 2:1) Who even now is appearing for us before the face of God (Heb. 9:24), the kingly Priest, the spotless Victim, continually bearing the iniquity of our holy things (Ex. 28:38).

(*Looking Unto Jesus*, Bible Light Publishers, page 2.)

## Questions for Self-Reflection

1. 1 Corinthians 13:4 says, *“Love is patient, love is kind. It does not envy, it does not boast, it is not proud.”* How does pride block our ability to love and serve as Jesus did?
2. “Humble” is both an adjective, describing an attitude, and a verb, describing an action. How did Jesus humble himself (verb)? How do you?
3. No one is born knowing how to apologize. We teach children to say “sorry”. Here are some helps in expressing apology.
  - **Expressing Regret** – “I am sorry.”
  - **Accepting Responsibility** – “I was wrong.”
  - **Making Restitution** – “What can I do to make it right?”
  - **Genuinely Repenting** – “I’ll try not to do it again.”
  - **Requesting Forgiveness** – “Will you please forgive me?”

-From *The Five Languages of Apology* by Gary Chapman
4. How are humility and church unity connected?

## Christ Is All (Puritan Prayer)

O LOVER TO THE UTTERMOST,

May I read the meltings of thy heart to me  
in the manger of thy birth,  
in the garden of thy agony,  
in the cross of thy suffering,  
in the tomb of thy resurrection,  
in the heaven of thy intercession.

Bold in this thought I defy my adversary,  
tread down his temptations,  
resist his schemings,  
renounce the world,  
am valiant for truth.

Deepen in me a sense of my holy relationship to thee,  
as spiritual bridegroom,  
as Jehovah's fellow,  
as sinners' friend.

I think of thy glory and my vileness,  
thy majesty and my meanness,  
thy beauty and my deformity,  
thy purity and my filth,  
thy righteousness and my iniquity.

Thou hast loved me everlastingly, unchangeably,  
may I love thee as I am loved;

Thou hast given thyself for me,  
may I give myself to thee;

Thou hast died for me,  
may I live to thee,  
in every moment of my time,  
in every movement of my mind,  
in every pulse of my heart.

May I never dally with the world and its allurements,  
but walk by thy side,  
listen to thy voice,  
be clothed with thy graces,  
and adorned with thy righteousness.

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